



**ONE WAY**  
**in line open water swimming event**  
**Saturday, September 8th 2018**  
Riva del Garda - Lago di Garda  
TRENTINO



official partner

**1.** The Committee organizes the open water swimming event called:

**ONE WAY TWO**

that will take place on

**Saturday, September 8th in Riva del Garda**

with the approval of Provincia Autonoma di Trento (Determinazione n.18, 14/02/2018).

The event is part of the **Garda Swim Cup 2018** in collaboration with the following events:

- *Il Fondo nel Golfo*, organized by Società Canottieri Garda Salò (30/06/2018);
- *North Swim Lake*, organized by Società Algiz (28/07/2018);
- *Swim Lake Gargnano*, organized by Leaena SSD (24/08/2018);
- *DesenzanoNuota*, organized by ASD Nuoto Master Brescia (15/09/2018).

**2.** The event is open to anybody with proper swimming skills. The participants need to provide the documents required in their origin countries (e.g. health certificate) before the start of the race. The participants shall be at least 14 years old before the date of the race. The underage participants must be member of a swimming club.

**3. Race Course, Start and Finish**

There will be two race courses, both in line along the shore:

- 2.5 km classic course: start at Foci del Sarca (Nago-Torbole)
- 1 km short course: start at Spiaggia dei Pini east side (Riva del Garda)

Both race courses finish at Fraglia Vela Riva (via Giancarlo Maroni 2, Riva del Garda).

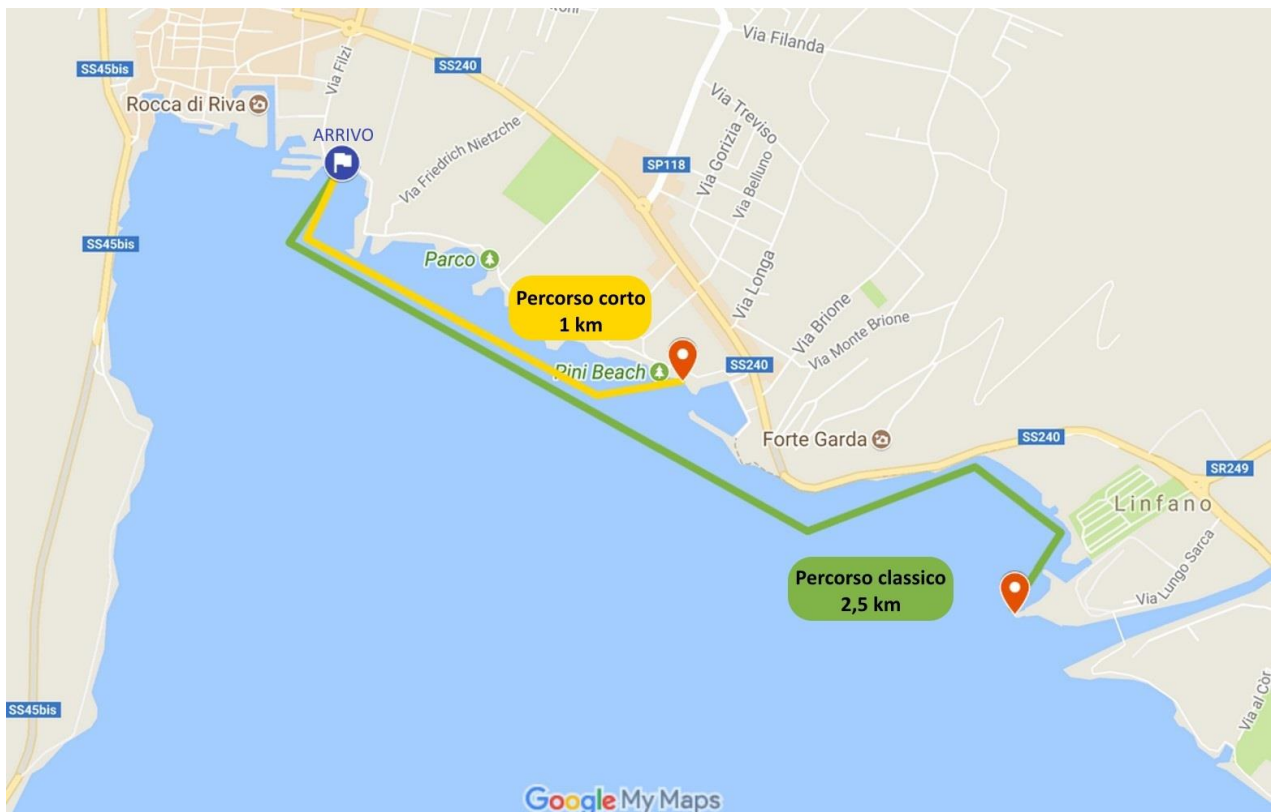
The participants will start from the water behind the starting line set by the organizers within the scheduled time.

The starting signal will be a horn. The participants who will start before the signal will be disqualified.

2.5 km classic course	1 km short course
<p>The buoys in the gulf of the start shall be left on the swimmers' left. All the other buoys shall be left on their right. Each buoy will be overseen by a member of the organizing staff in order to verify the right transition of the participants. The participants who will miss any buoy will be disqualified.</p> <p>Time limit: 70 minutes</p>	<p>The buoys of all beaches' bathing area shall be left on the swimmers' right.</p> <p>Swimmers are not allowed to cross bathing areas. The participants who will miss any buoy will be disqualified.</p> <p>Time limit: 40 minutes</p>

The finish will be in the water. The participants shall touch the timing panel on the floating bridge at the finish **with the hand of the wrist wearing the chip** and later swimming beneath the bridge. The participants will exit the water by the ramp of Fraglia Vela Riva

The time limit to complete the race is fixed on 70 minutes (classic course) and 40 minutes (short course) from the starting signal. After this time, the participants still in the water will be picked up from the supporting boats.



#### 4. Automatic Timing

The automatic timing will be provided by the Italian Timekeeper Federation - Section of Venice. Each participant will receive a chip to wear on the wrist for the whole race. The individual time will be stopped at the arrival by touching the timing panel with the hand (please remember to touch the panel with the hand of the wrist wearing the chip).

#### 5. Entries

The first 300 participants correctly enrolled will take part in the race.

The entry fee is **€ 30,00** (individual gadget bag included). In the online registration form it is possible to select the transfer service to the starting location by bus (one way) for € 3,00 (for both race courses). It is also possible to book the transfer (one way) for chaperons. It will be possible to book the Pasta Party for athletes and chaperons.

Underage swimmers are allowed to compete only if 14 years old within the day of the event and member of a swimming club. The parents of the underage participants shall sign the permission paper provided by the organization.

🔄 ON LINE entry form on MYSDAM/ENDU at <https://www.endu.net/events/one-way/> with payment by credit card, paypal or bank transfer (for online bank accounts only) uploading the following compulsory documents:

- Copy of health certificate (if compulsory in your origin country).
- Identification documents.
- For underage participants: permission paper downloadable from [www.amicinuotoriva.it](http://www.amicinuotoriva.it) signed by the parents (14-17-year-olds must be members of a swimming club).

The entry is confirmed once the entry fee will be payed.  
The entry fee will not be refund for participants not starting the race.

#### 6. Schedule of the Event

from 7:30	Participants registration, hand out of individual gadget bags (participation number and chip) at Fraglia Vela Riva (viale G. Maroni 2, Riva del Garda).
from 9:30	Start of the transfer service to the starting location by bus (please select the bus transfer in the entry form) or by private means. (short course: Porto San Nicolò, Riva del Garda - classic course: Baia Azzurra, Torbole).
at 10:00	Registration office closes. Briefing of the race at Fraglia Vela Riva (viale G. Maroni 2, Riva del Garda).
at 10:30	Last transfer bus ride to the starting location.
at 11:00	Start of the race.
at 12:30	Finish of the race and hand in of the chips.
at 13:00	Prize-giving ceremony at Fraglia Vela Riva (viale G. Maroni 2, Riva del Garda).
at 13:30	Pasta Party (to be selected on the entry form).

The schedule of the event may be subject to change. The Organizer commit to promptly notify the participants.

## **7. Technical Rules & Regulations**

Cap, goggles, nose clips, ear plugs, wetsuits are allowed.

### **It is compulsory:**

- To have the buoy firmly knotted during the whole race.
- To wear the chip during the whole race
- To wear a wetsuit if the water temperature is lower than 20 °C.

### **It is forbidden:**

- To miss any buoy and/or not completing the course as defined and described by art. 3 of the rules (see paragraph 3. Race Course).
- To hinder, block, impede or intentionally touch other participants.
- To grab or being grabbed to something or someone, to tow or being towed by something or someone.
- To be escorted by non-participating swimmers and/or boats.
- To use flippers, breathing apparatuses and any other kind of equipment/support that gives any illegal benefit or buoyancy.

**The violation of any of the above-mentioned rules will lead to disqualification.**

## **8. Ranking and Prizes**

The ranking will be drawn according the following age groups, for the participants who will complete the course as defined and described within the time limit:

- 35-year-olds and younger (born 1983 and younger).
- From 36 to 50-year-olds (born 1982÷1968).
- Over 51-year-olds (born 1967 and older).

The Top 3 female and male of each age group will be awarded a prize.

The prize-giving ceremony will take place in the finish area, at Fraglia Vela Riva (viale G. Maroni 2, Riva del Garda) from 13:00.

The results will be uploaded on [www.amicinuotoriva.it](http://www.amicinuotoriva.it).

## **9. Logistics**

The base area of the event, the secretary office, the registration office are at the finish of the race course, and namely at Fraglia Vela Riva (viale G. Maroni 2, Riva del Garda).

The parking spaces available to the participants are near the base of the event (see map).

The participants will be allowed to use the spaces set by the organization for the deposit of their properties and bags at the base area of the event.

Once ready for the race, the participants will reach the starting area by means provided by the organization or by private means. Participants are allowed to carry only the material required to do the crossing (no flip flops, shoes, towels, bottles, glasses, etc.) on the transfer provided by the organization.

The spectators and supporters can follow the whole race from the path along the coastline from the beach of the start until the finish area (see map).

Showers and toilets are available at the start at Surf Segnana, and at the finish at Fraglia Vela Riva.

## **10. Support**

The support on the water to the participants will be provided by Amici Nuoto Riva, Fraglia Vela Riva, Area 51 asd, Canoa Club Canottieri Riva, Gruppo Sommozzatori Riva del Garda, besides Squadra Nautica of State Police and by Corpo dei Vigili del Fuoco volontari di Riva del Garda (Voluntary Fire Service).

### **11.** The Organizing Committee may:

- anticipate entries deadline for logistic reason (first 300 entries).
- edit the competition timetable, communicating it to participants as soon as possible.
- interrupt or stop the execution of the race due to the weather, climate, and lake conditions or for any other reason threatening the safety of the participants.

## **12. Responsibility**

The participants take part in the race at their own risk. The Organizing Committee of the event shirks responsibilities for injury, loss or damage before, during and after the meet both in the water and on land, and for the organization for any reason.

## **Info & Contacts**

### **Organizing Committee One Way**

Amici Nuoto Riva

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Event manager Cornelia Rigatti

Online entry form

<https://www.endu.net/it/events/one-way/>

For further information

[www.amicinuotoriva.it](http://www.amicinuotoriva.it)

[www.amicinuotoriva.it/1814/one-way-gara-di-nuoto-in-acque-libere](http://www.amicinuotoriva.it/1814/one-way-gara-di-nuoto-in-acque-libere)

[www.facebook.com/amicinuotoriva](https://www.facebook.com/amicinuotoriva)

Official page of the Garda Swim Cup

[www.facebook.com/GardaSwimCup/](https://www.facebook.com/GardaSwimCup/)

Official Facebook page of the event One Way Two

<https://www.facebook.com/events/1518330234931196/>