



**ONE WAY**  
**in line open water swimming event**  
**Saturday, September 30th 2017**  
Riva del Garda - Lago di Garda  
TRENTINO



official partner

**1.** The Committee organizes the open water swimming event called:

**ONE WAY**

that will take place on

**Saturday, September 30th in Riva del Garda**

with the approval of Provincia Autonoma di Trento (Determinazione n.46, 02/03/2017).

The event is part of the **Garda Swim Cup 2017** in collaboration with the following events:

- *Il Fondo nel Golfo*, organized by Società Canottieri Garda Salò (24/06/2017);
- *North Swim Lake*, organized by Società Algiz (22/07/2017);
- *Swim Lake Gargnano*, organized by Leaena SSD (27/08/2017);
- *DesenzanoNuota*, organized by ASD Nuoto Master Brescia (16/09/2017).

**2.** The event is open to anybody with proper swimming skills. The participants need to provide the documents required in their origin countries (e.g. health certificate) before the start of the race. The participants shall be at least 14 year old before the date of the race. The underage participants must be member of a swimming club.

**3. Race Course, Start and Finish**

The 2,5 km race course will be in line along the shore. The start will be at Foci del Sarca (Nago-Torbole), while the finish at Fraglia Vela Riva (via Giancarlo Maroni 2, Riva del Garda).

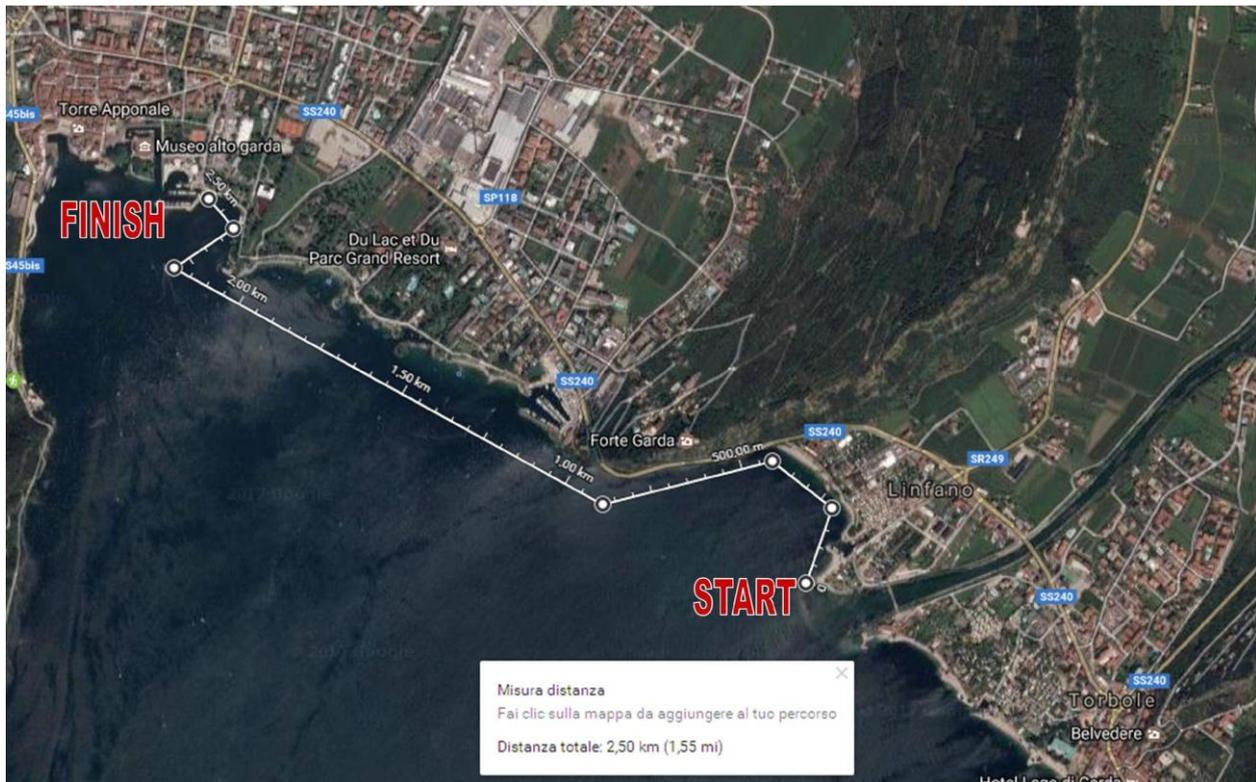
The participants will start from the water/beach behind the starting line set by the organizers within the scheduled time.

The starting signal will be a horn. The participants who will start before the signal will be disqualified.

The buoys in the gulf of the start shall be left on the swimmers' left. All the other buoys shall be left on their right. Each buoy will be overseen by a member of the organizing staff in order to verify the right transition of the participants. The participants who will miss any buoy will be disqualified.

The finish will be in the water. The participants shall touch the timing panel on the floating bridge at the finish with the hand of the wrist wearing the chip and later swimming beneath the bridge. The participants will exit the water by the ramp of Fraglia Vela Riva

The time limit to complete the race is fixed on 90 minutes from the starting signal. After this time, the participants still in the water will be picked up from the supporting boats.



#### 4. Automatic Timing

The automatic timing will be provided by the Italian Timekeeper Federation - Section of Venice. Each participant will receive a chip to wear on the wrist for the whole race. The individual time will be stopped at the arrival by touching the timing panel with the hand (please remember to touch the panel with the hand of the wrist wearing the chip).

#### 5. Entries

The first 300 participants correctly enrolled will be participant in the race.

The entry fee is **€ 30,00** (individual gadget bag included).

Underage swimmers are allowed to compete only if 14 years old within the day of the event and member of a swimming club. The parents of the underage participants shall signed the permission paper provided by the organization.

🔄 ON LINE entry form on MYSDAM/ENDU at <https://www.endu.net/events/one-way/entry/add> with payment by credit card, paypal or bank transfer (for online bank accounts only) uploading the following compulsory documents:

- Copy of health certificate.
- Identification documents.
- For underage participants: permission paper downloadable from [www.amicinuotoriva.it](http://www.amicinuotoriva.it) signed by the parents (14-17-year-olds must be members of a swimming club).

The entry is confirmed once the entry fee will be payed.

The entry fee will not be refund for participants not starting the race.

## 6. Schedule of the Event

- |           |   |
|-----------|---|
| from 8:30 | Participants registration, hand out of individual gadget bags (participation number and chip) at Fraglia Vela Riva (viale G. Maroni 2, Riva del Garda).                             |
| at 10:30  | Registration office closes. Briefing of the race at Fraglia Vela Riva (viale G. Maroni 2, Riva del Garda).  |
| at 10:45  | Transfer of participants to the starting area by <b>bus provided by the organization/private means</b> . (Baia Azzurra, Torbole) [please select the bus transfer in the entry form] |
| at 11:00  | Start of the race   |
| at 12:30  | Finish of the race and hand in of the chips   |
| at 12:45  | Prize-giving ceremony at Fraglia Vela Riva (viale G. Maroni 2, Riva del Garda)  |

## 7. Technical Rules & Regulations

Cap, goggles, nose clips, ear plugs, wetsuits are allowed.

### **It is compulsory:**

- To have the buoy firmly knotted during the whole race.
- To wear the chip during the whole race
- To wear a wetsuit if the water temperature is lower than 20 °C.

### **It is forbidden:**

- To miss any buoy and/or not completing the course as defined and described by art. 3 of the rules (see paragraph 3. Race Course).
- To obstruct, impede or intentionally touching other participants.
- To grab or being grabbed to something or someone, to tow or being towed by something or someone.
- To be accompanied by non-participants swimmers and/or boats.
- To use flippers, breathing apparatuses and any other kind of equipment/support that gives any illegal benefit or buoyancy.

**The violation of any of the above-mentioned rules will lead to disqualification.**

## **8. Ranking and Prizes**

The ranking will be drawn according the following age groups, for the participants who will complete the course as defined and described within the time limit:

- 35-year-olds and younger (born 1982 and younger).
- From 36 to 50-year-olds (born 1981÷1967).
- Over 51-year-olds (born 1966 and older).

The Top 3 female and male of each age group will be awarded a prize.

The prize-giving ceremony will take place in the finish area, at Fraglia Vela Riva (viale G. Maroni 2, Riva del Garda) from 12:30.

The results will be uploaded on [www.amicinuotoriva.it](http://www.amicinuotoriva.it).

## **9. Logistics**

The base area of the event, the segretery office, the registration office are at the finish of the race course, and namely at Fraglia Vela Riva (viale G. Maroni 2, Riva del Garda).

The parking spaces available to the participants are near the base of the event (see map).

The participants will be allowed to use the spaces set by the organization for the deposit of their properties and bags at the base area of the event.

Once ready for the race, the participants will be trasfered to the start area by means provided by the organization/by private means. Participants are allowed to carry only the material required to do the crossing (no flip flops, shoes, towels, bottles, glasses, etc).

The spectators and supported can follow the whole race from the path along the coastline from the beach of the start until the finish area (see map).

Showers and toilets are available at the start at Surf Segnana, and at the finish at Fraglia Vela Riva.

## **10. Support**

The support on the water to the participants will be provided by Amici Nuoto Riva, Fraglia Vela Riva, Surf Segnana, Canoa Club Canottieri Riva, and by the Corpo dei Vigili del Fuoco volontari di Riva del Garda (Voluntary Fire Service).

**11.** The Organizing Committee may:

- anticipate entries deadline for logistic reason (first 300 entries).
- edit the competition timetable, communicating it to participants as soon as possible.
- interrupt or stop the execution of the race due to the weather, climate, and lake conditions or for any other reason threatening the safety of the participants.

## **12. Responsibility**

The participants take part in the race at their own risk. The Organizing Committee of the event shirks responsibilities for injury, loss or damage before, during and after the meet both in the water and on land, and for the organization for any reason.

## **Info & Contacts**

Organizing Committee One Way

Organization Manager: Cornelia Rigatti (+39 339 7376737)

For further information: [www.amicinuotoriva.it](http://www.amicinuotoriva.it) - [www.facebook.com/amicinuotoriva](http://www.facebook.com/amicinuotoriva)

Garda Swim Cup Official Facebook page: [www.facebook.com/GardaSwimCup/](http://www.facebook.com/GardaSwimCup/)

One Way Official facebook page: [https://www.facebook.com/events/115855505718707/?active\\_tab=about](https://www.facebook.com/events/115855505718707/?active_tab=about)